

# Bethlehem Commons at Good Samaritan Village

Skilled Nursing and  
Sub-Acute Rehabilitation



*A full range of services  
for long- and short-term  
care. What you need,  
when you need it.*





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## Sub Acute Rehabilitation Services

Our short-term sub-acute rehab provides skilled rehab services for people who have an acute or chronic illness, or are recovering from an injury, accident or surgery.

Our experienced team of rehab professionals treat people with a wide variety of needs, including neurological illness or injury (strokes, TIAs, TBI, Parkinson's Disease, MS, ALS), cardiovascular and cardio-pulmonary disease (MI, COPD, CAD, CHF, cardio-thoracic surgeries), joint replacements and orthopedic injuries, amputations, diabetes, pneumonia, recovery from surgeries, and other types of debility.

We provide comprehensive occupational therapy, physical therapy and speech language pathology services. Some services are available six days a week. Our rehab team works together to provide patients with individualized services needed to achieve the most optimal function in all aspects of self-care.



Our rehab staff includes a certified yoga instructor and a certified Car Fit trainer. We are the area's only skilled nursing facility with a certified exercise expert for aging adults on staff.

Because of our smaller size, we are able to enjoy more individualized treatments and less group therapy time. Our therapists truly get to know every patient.

*Sub-acute rehab might include:*

- Therapeutic exercise
- Fine and gross motor skills
- Sit and stand balance activities
- Ambulation and transfer training
- Activities of daily living
- Self-care management training
- Pain management (including use of modalities when appropriate)
- Cognitive assessment and retraining
- Swallowing therapy
- Speech and language therapy
- Discharge planning
- Complimentary home and safety evaluations



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## Skilled Nursing Care Services

Our team of health care professionals offers highly skilled and compassionate care for all of those in our care.

- Skilled Short-Term, Sub-Acute Rehab
- Orthopedic Care
- Wound Care
- Case Management Assistance
- Nutritional Counseling
- Therapeutic Recreation
- Onsite care through community-based medical consultants, including optometry, dentistry and podiatry
- Psychiatry/Psychology
- End-of-life Care
- Long-term Care
- Memory Care
- Dietary flexibility
- Recreation program and trips (7 days/week)
- Social workers



### *Our Philosophy of Care*

For 135 years, The Lutheran Care Network has been caring for people in our facilities or in the comfort of their own homes. Bethlehem Commons opened in 1974. We have a long, rich history and a trusted relationship with our families.

We understand that quality care and respect come first and foremost. With senior citizens living longer, healthier lives today, the need for services that meet their new requirements for care will grow. We understand that families, already busy with jobs, children, and lives of their own, want the gold standard in care for their loved ones, without worry.

Our staff is committed to the physical, emotional and spiritual needs of seniors. Their well-being comes first - before any bottom line, insurance reimbursement, ability to pay, or morass of paperwork.



### *About Bethlehem Commons*

Bethlehem Commons at Good Samaritan Village is a licensed skilled nursing care and rehabilitation center. With 101 long-term beds and 19 short-term beds, Bethlehem Commons is considered mid-sized, which means our residents can receive individualized care. We have 70 private rooms and 25 semi-private. We also have an onsite chaplain who visits with residents and families and holds services.

### *Our Mission*

Our mission is to care for people's physical, emotional and spiritual needs. Our tradition is Lutheran, but our residents come from all faith backgrounds.



### *Our Location*

Situated on 10 acres in a quiet, peaceful, country-like setting, we are conveniently located just minutes from major highways and downtown Albany. We offer a warm and welcoming, home-like community.

### *Our Staff*

Our staff consists of physicians, nurse practitioners, registered nurses, licensed practical nurses, certified nurse assistants, social workers, registered dietitians and physical, occupational and speech therapists.

*TLC quality health care  
in a faith-based tradition*



# The Lutheran Care Network Services

## **Independent Living**

*Coburg Village*

Rexford, N.Y.

## **Skilled Nursing Care & Rehabilitation**

*Bethlehem Commons at Good Samaritan Village*

Delmar, N.Y.

*Lutheran Care Center at Concord Village*

Poughkeepsie, N.Y.

## **Adult Care**

*Kenwood Manor at Good Samaritan Village*

Delmar, N.Y.

## **Community Housing**

*Castle Court at Concord Village*

Poughkeepsie, N.Y.

*Normanskill Terrace at Good Samaritan Village*

Delmar, N.Y.

*The Kings Apartments*

Pawling, N.Y.

*Martin Luther Court Apartments*

Brooklyn, N.Y.

*Martin Luther Terrace Apartments*

Kings Park, N.Y.

## **Adult Day Health Care**

### **Foster Family Extended Care**

*Lutheran Care Center at Concord Village*

Poughkeepsie, N.Y.

## **Home Care**

*Castle Staff Services*

Long Island, N.Y.

*Lutheran Long-Term Health Care Program*

Long Island, N.Y.



**Bethlehem Commons at Good Samaritan Village**

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